



MEDICAL HISTORY

(Please circle the applicable items, or write, or strike-out items not applicable)



Medical Letter Authorisation No.:

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1) COMPENSATION HISTORY

Have you ever submitted a compensation claim to the MBOD?

Yes	No
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If submitted:

Status	Compensated	Pending	Rejected
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MBOD number _____ Year Submitted _____

If compensated: Diagnosis _____ Disability

First Degree	Second Degree
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(Where possible please append a copy of the MBOD certification and payment details)

2) SMOKING HISTORY

NEVER SMOKED	Age Started	Age Ended	Years Smoking	No. per Day	Pack-Years
EX-Smoker					
CURRENT Smoker		n/a			

Pack-yrs = (Yrs x No.)/20

3) CURRENT AND PAST ILLNESSES

	Year Diagnosed	Details of treatment or management
Asthma / COPD		
Cardiac		
Chest scar (Surgery / Stab / Fracture / Injury)		
Diabetes		
Hypertension		
Tuberculosis (TB)		
Other condition/s:		

4) CURRENT COMPLAINTS:

	Duration	Detail (eg, Pain-type: when, site; Cough-type: when, dry/wet, hemoptysis)
Chest Pain		
Cough		
Dyspnea		
Loss of Weight		
Other		

5) DYSPNEA & EXERTION:

Ask if Dyspneic when:

Running	Walking uphill	House-work	Getting Dressed	Just Resting
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When walking, what makes you slow down or stop?

Chest Pain	Breathlessness	Leg Pain	Other:
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MEDICAL EXAMINATION

(Please circle the applicable items, or write, or strike-out items not applicable)



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1) APPEARANCE

Height in cm _____	Very sick	Sick	Unwell	Well				
Weight in kg _____	Very thin	Thin	Normal	Fat	Very fat			
Pallor	Cyanosis	Jaundice	Rubor	Odor	Nodes	Clubbing	Edema	Goitre

2) CHEST

Observable dyspnea

Yes	No
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 RR _____ **Hyperinflation**

Yes	No
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N = 12-18

Scars: Surgical or Trauma

Yes	No
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 Site and Type _____

AUSCULTATION/ PERCUSSION

Detail: Site of abnormality, Inspiratory or Expiratory, Crackles, Rubs, or Wheezes (Dullness or Stony dullness)

3) HEART

BP _____ / _____ PR _____ **Irregular**

Yes	No
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N = 60-100

RV heave	LV heave	Displaced apex	Loud S1	Loud S2	Murmur
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Peripheral circulation: _____

4) OTHER RELEVANT OBSERVATIONS / ABNORMALITIES OBSERVED:

Feet	Legs	Abdomen	Legs	Arms	Neck	Face	Mouth	Eyes
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ROUTINE TESTS

CXR Date: _____ Spirometry Date: _____

Other tests (Specify):

(Please ensure all tests are of good or excellent quality, and append them & other relevant reports)

Examining doctor's clinical impression/ assessment: *(eg. Healthy man with well controlled CCF)*

Examined & assessed on (date): _____ Signed: _____

Full name, qualifications and address of examining doctor (write or stamp):
